

# Close-up Flash

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**Camera settings:** Manual Exposure mode using Spot Metering and Off Camera Flash

## Green Background: Fill Flash

1. ISO 400
2. f-5.6 or higher (vary for desired depth-of-field)
3. 1/50 - 1/125 sec. etc. (adjust for desired exposure)

**Procedure:** Get a good natural light setting and then add fill flash (ETTL or Manual). Adjust the amount of the flash so it looks natural.

## Black Background: Full Flash

1. ISO 100
2. f-16
3. 1/200 sec. (whatever your flash sync speed is)

**Procedure:** Start with a natural light setting and then adjust the f-stop until you have an all black exposure.

Turn on the flash in ETTL or Manual and adjust the flash power until the subject is lit by the off-camera flash. The flash does all the work. Adjust the flash power until you like the way things look.

## Hints:

Be sure the background is not real close to the subject.

Check your background for light spots and move around to avoid these.

Try to set your camera on a tripod level with the height of the subject.

Have a diffuser on the flash and hold the flash close to the subject.

You will have to adjust your settings until you are happy with them.

Do not change your flash sync speed when you are doing a black background.

Move the flash around to achieve different effects.